

The Path To Consciousness Ascension “Awakening”

The following are the **14 stages** to one’s ascension to complete ‘spiritual awakening’:

IGNORANCE

You exist in a state of unawareness, accepting the world as it appears. You trust authority figures and believe the systems around you are built for your benefit.

QUESTIONING REALITY

You begin to feel a subtle discomfort, a quiet whisper urging you to question the narratives you’ve been taught. What once seemed certain now feels shaky.

RESEARCH AND CURIOSITY

Driven by this uncertainty, you start investigating. You delve into books, alternative sources, and hidden histories, uncovering cracks in the foundation of your beliefs.

SHOCK AND AWARENESS

The depth of deception shocks you. You become aware of the lies embedded in society, realizing the illusions shaping much of what you once believed to be true.

SEEKING TRUTH AND COMMUNITY

You feel compelled to share your discoveries, searching for others who resonate with your newfound awareness. Finding like-minded individuals offers validation and solidarity.

OUTRAGE AND REBELLION

Outraged by the hypocrisy, lies, and manipulation, you speak out boldly. You challenge authority, systems, and institutions, exposing the falsehoods you once trusted.

INNER REFLECTION

As the external battles rage on, you turn inward. You begin to explore the depths of your soul, seeking a deeper connection with yourself and the universe.

CONNECTION TO HIGHER ENERGY

You recognize that you are an integral part of a vast universal consciousness. You feel connected to a divine energy, realizing that all things are intertwined.

UNDERSTANDING THE WAR FOR CONSCIOUSNESS

You see beyond the physical realm and understand that the real battle is one of consciousness. Tools like media, religion, and societal constructs manipulate vibrations and perceptions.

DUALITY AND BALANCE

You grasp the paradox of existence—that light cannot exist without dark, good without evil. This dimension is one of duality, a delicate dance of opposing energies that create harmony.

NON-ATTACHMENT

You realize that true freedom comes from releasing attachments. Fear, rooted in attachment, binds consciousness to this dimension. Love, free from possession, becomes your guide.

RESPONSIBILITY AND FREEDOM

You understand that salvation lies within. While you can guide others to the door, only they can unlock it. You offer wisdom and tools, but the journey is theirs to take.

THE POWER OF LOVE

The ultimate truth is love—unconditional, boundless, and free. Love is the key to transcending this dimension. With love, you see perfection in all things, knowing every moment serves a higher purpose.

FINAL REALIZATION

All is exactly as it should be. The journey of ascension is not about escaping the world but understanding and embracing it, spreading love, and trusting in the perfection of the universe.

*The path is yours, but the destination is **unity***

Brahma Kumaris website: www.shivbabas.org

BK Google: www.bkgoogle.org (our
'search engine')
